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Foothill Family Receives Grant Award from Kaiser Permanente to Support Children and Families along Healthy Paths

PASADENA, Calif. Kaiser Permanente Baldwin Park awarded a \$12,500 grant to Foothill Family, headquartered in Pasadena, Calif. The grant provides essential counseling and support services for children and families (*i.e. under/uninsured*) whose behaviors make them prone to higher rates of mental illness.

“Foothill Family is deeply committed to empowering children and their families to overcome challenges and achieve success in relationships, school, and work,” said Steve Allen, Foothill Family’s Chief Executive Officer. “Receiving a grant from this generous foundation reinforces our belief that strong families are the cornerstones of thriving communities. It all starts with family.”

The grant from Kaiser Permanente will provide *Therapeutic Family Services* to approximately 200 low-income children and their families throughout the San Gabriel Valley including individual, group, and/or family counseling to help address the mental health, emotional and behavioral issues they face as a result of mental illness, including: pressures of life, family, and employment. Foothill Family’s Therapeutic Family Services goals are two-fold: (1) to help children avoid high-risk behaviors (*i.e. teen pregnancy and substance abuse*), aiding in their social and emotional development; and, (2) to help parents/caregivers and/or families address issues including: family dysfunction, stress, and, depression; resulting from prolonged exposure to poverty and unhealthy family environments.

About Foothill Family

Foothill Family was founded in 1926 and provides a range of community-based mental health and social services to at-risk populations in Southern California. Its mission, to build brighter futures for children and families, has helped Foothill Family earn a reputation for providing high-quality services aimed at empowering families and strengthening communities. Programs include mental health and school-based counseling for children, child abuse prevention and treatment, domestic violence prevention and treatment, early child development programs, services for pregnant teens and their babies, family counseling, and youth development. Last year, more than 23,000 children and their families benefited from Foothill Family’s life-changing programs. For more information, please call (626) 993-3000 or visit the website at www.foothillfamily.org.

About Kaiser Permanente

Kaiser Permanente is committed to helping shape the future of health care. We are recognized as one of America’s leading health care providers and not-for-profit health plans. Founded in 1945, Kaiser Permanente has a mission to provide high-quality, affordable health care services and to improve the health of our members and the communities we serve. We currently serve more than 10.6 million members in eight states and the District of Columbia. Care for members and patients is focused on their total health and guided by their personal physicians, specialists and team of caregivers. Our expert and caring medical teams are empowered and supported by industry-leading technology advances and tools for health promotion, disease prevention, state-of-the-art care delivery and world-class chronic disease management. Kaiser Permanente is dedicated to care innovations, clinical research, health education and the support of community health. For more information about Kaiser Permanente Baldwin Park Medical Center, visit kp.org/baldwinpark and follow us on twitter: @KPBaldwinPark.

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