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Foothill Family Receives Grant Award from Kaiser Permanente to Support Children and Families along Healthy Paths

PASADENA, Calif. Kaiser Permanente’s Los Angeles Medical Center awarded a \$10,000 grant to Foothill Family, headquartered in Pasadena, Calif. The grant provides essential counseling and support services for children and families (*i.e. under/uninsured*) whose behaviors make them prone to higher rates of mental illness.

“Foothill Family is deeply committed to empowering children and their families to overcome challenges and achieve success in relationships, school, and work,” said Steve Allen, Foothill Family’s Chief Executive Officer. “Receiving a grant from this generous foundation reinforces our belief that strong families are the cornerstones of thriving communities. It all starts with family.”

The grant from Kaiser Permanente will provide *Therapeutic Family Services* to approximately 200 low-income children and their families throughout the San Gabriel Valley including individual, group, and/or family counseling to help address the mental health, emotional and behavioral issues they face as a result of mental illness, including: pressures of life, family, and employment. Foothill Family’s Therapeutic Family Services goals are two-fold: (1) to help children avoid high-risk behaviors (*i.e. teen pregnancy and substance abuse*), aiding in their social and emotional development; and, (2) to help parents/caregivers and/or families address issues including: family dysfunction, stress, and, depression; resulting from prolonged exposure to poverty and unhealthy family environments.

“We believe that our support and collaboration with local partners like Foothill Family is key to helping improve the overall health of our community,” explained Mario Ceballos, community benefit manager at Kaiser Permanente Los Angeles Medical Center. “This is just one of the many ways in which our medical center hopes to create the positive impact we all envision for our communities.”

About Foothill Family

Foothill Family was founded in 1926 and provides a range of community-based mental health and social services to at-risk populations in Southern California. Its mission, to build brighter futures for children and families, has helped Foothill Family earn a reputation for providing high-quality services aimed at empowering families and strengthening communities. Programs include mental health and school-based counseling for children, child abuse prevention and treatment, domestic violence prevention and treatment, early child development programs, services for pregnant teens and their babies, family counseling, and youth development. Last year, more than 23,000 children and their families benefited from Foothill Family’s life-changing programs. For more information, please call (626) 993-3000 or visit the website at www.foothillfamily.org.

About Kaiser Permanente Los Angeles Medical Center

The Los Angeles Medical Center is Kaiser Permanente’s tertiary center of excellence in Southern California. LAMC offers a wide range of specialty care services, featuring 40 Centers of Excellence, including complex neurosurgery, pediatrics, comprehensive cancer care, and one of the largest cardiac surgery programs in the western United States. LAMC is also an academic medical institution where highly trained doctors mentor and teach new generations of resident physicians and caregivers. LAMC currently hosts approximately 300 active medical research projects across a range of disciplines. More than 750,000 patients visit LAMC a year. For more information, visit kp.org/losangeles.